

STATE~BY~STATE
GARDENING

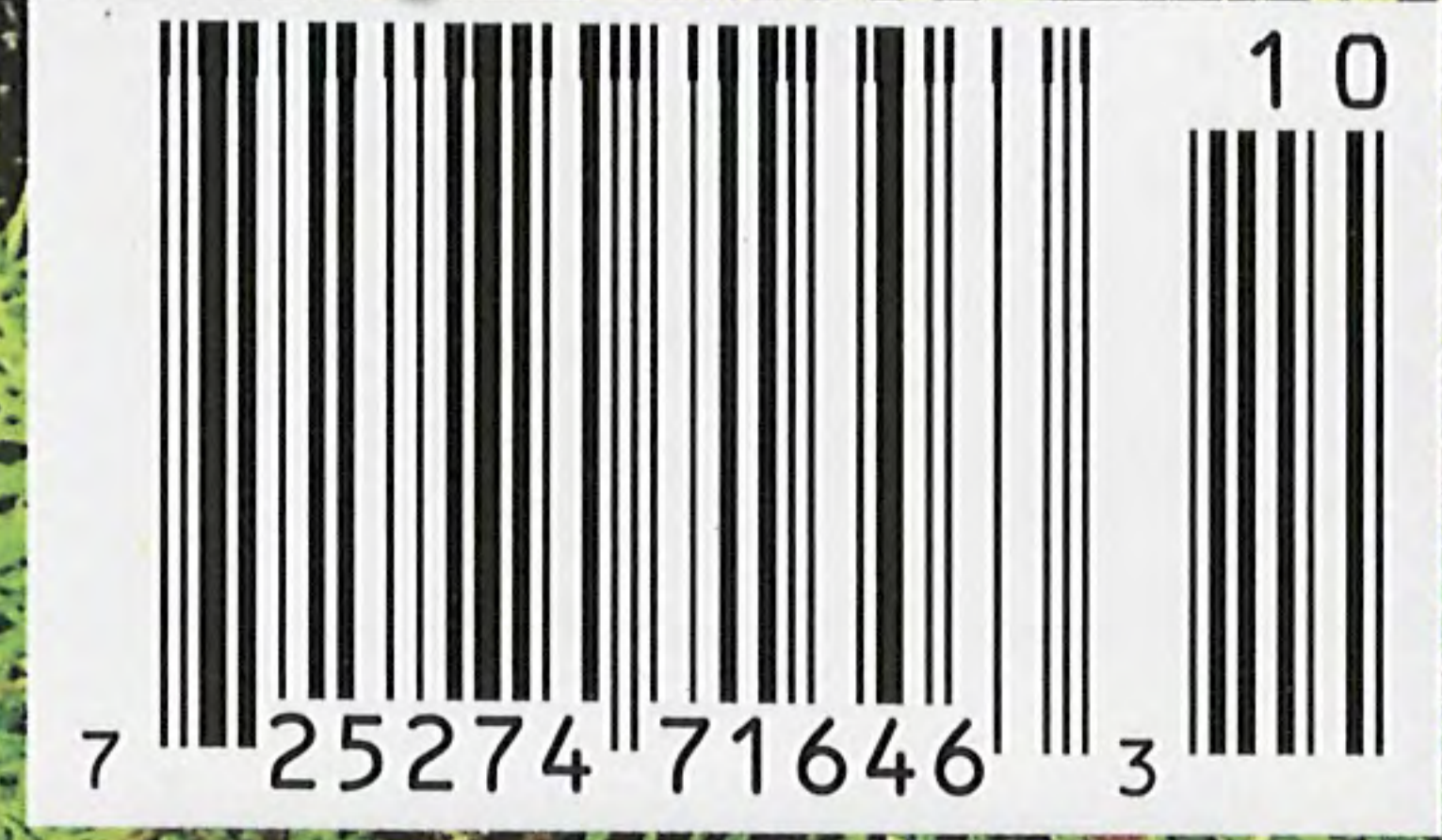
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BRIDGES
IN THE GARDEN

SIMPLE TIPS FOR
FALL CLEANUP

KEEPING PLANTS
SAFE FROM FROST

GARDENTALK

Gardening News

HORTICULTURAL THERAPY CONFERENCE

For many avid gardeners, getting out and working in the dirt, pulling weeds and seeing things grow is like therapy. It helps us have a sunnier disposition and even helps work out some frustrations. The same is true even for people who wouldn't claim to be gardeners. Being out with nature and doing a little work with the soil is a great form of therapy, whether you're dealing with a long-term illness, a debilitating disability or the death of a loved one.



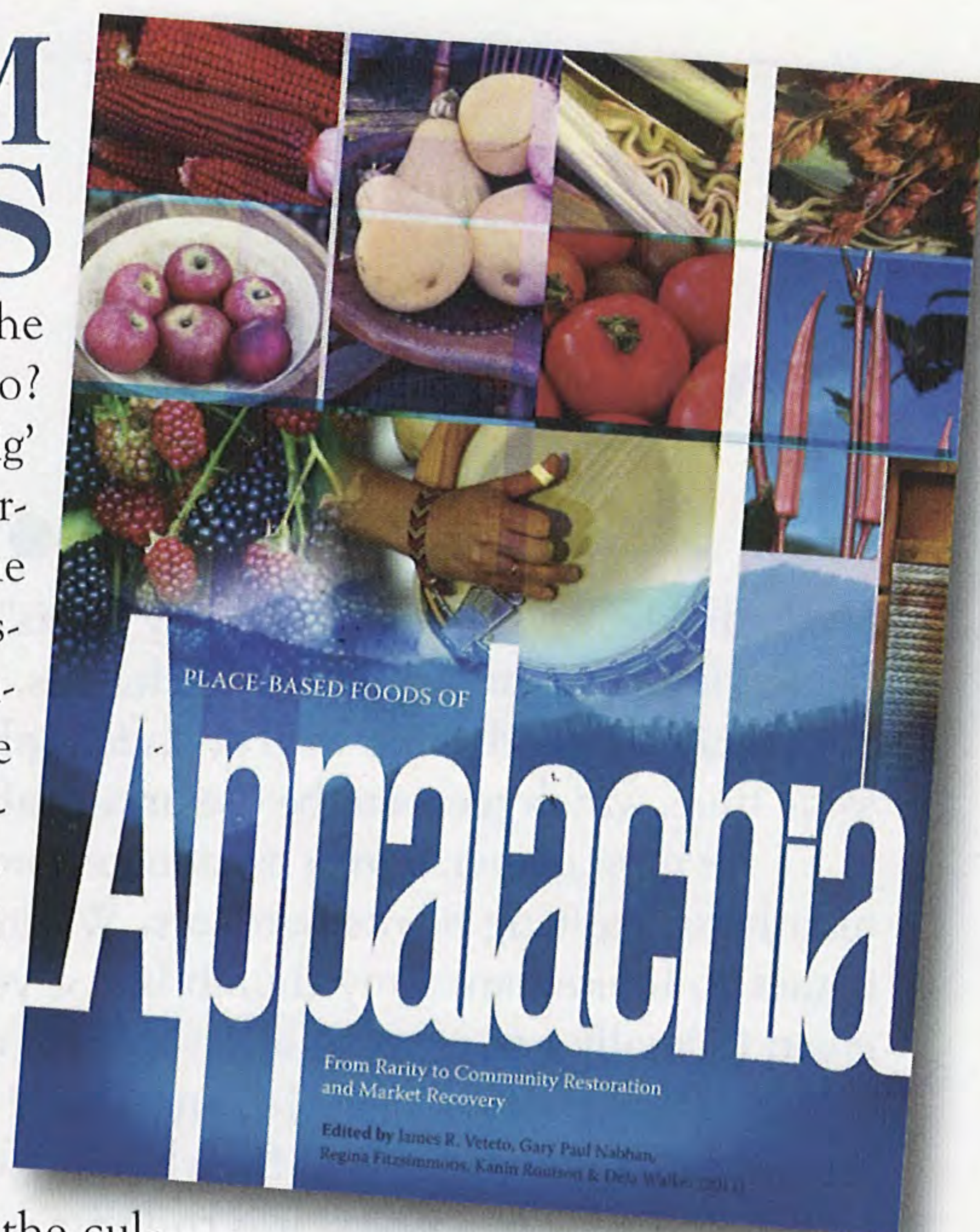
**Bullington Therapy Garden
in Hendersonville, N.C.**

There are many horticultural therapy gardens across the Carolinas, including one at the North Carolina Botanical Garden, Chapel Hill, N.C.; the Bullington Center, Hendersonville, N.C., the Ability Garden at the New Hanover County Arboretum, Wilmington, N.C.; and the Adaptive Garden of the Lowcountry, McClellenville, S.C. These gardens and others in the Carolinas will be highlighted at the American Horticultural Therapy Association's national conference, to be held Oct. 22-23 in Asheville, N.C. This year's theme is "Recovery and Rehabilitation: The Role of Horticultural Therapy in the Therapeutic Community." Gardeners across the Carolinas should be proud that our gardens will be a part of the demonstrations during this national conference.

HEIRLOOM HISTORIES

Have you ever wondered about the origins of the 'Cherokee Purple' tomato? Or how the Brushy Mountain 'Limbertwig' apple got its name? If you're at all interested in heirloom plants, check out the new publication from the Southern Sustainable Agriculture Research and Education (SARE) organization. The 36-page booklet is bursting with information, including a first-ever report on 1,412 heirloom foods tied to the central and southern Appalachians. The list includes records on whether the plant is extinct, endangered, threatened or common. There are also quite a few essays about the different heirloom foods and the culture and people that are tied to them.

You can download a version of this booklet at the website, www.SouthernSare.org/EducationalResources.



Award-Winning Landscapers

It's easy to tell that the Carolinas are blessed with talented landscapers, their work is available for everyone to see in lawns and gardens across the two states. But as with any job, it's always nice to get a pat on the back once in a while. Recently the N.C. Nursery and Landscape Association presented Excellence in Landscape Awards at a ceremony in Raleigh. Each company was chosen for their high standards of quality and sustainable landscape design, installation and maintenance. This year's winners were Parker's Landscape Services, Apex, N.C.; Turftenders Landscape Services, Raleigh, N.C.; Green View Landscaping, Inc., Greensboro, N.C.; Green Leaf Services, Linville, N.C.; and Coats Lawn Services, Clayton, N.C.



in the Landscape Awards
nizing quality and sustainable landscape projects



△ **Greenleaf Services, Inc., of Linville, N.C. won the Grand Award for Residential Landscape Installation and Best in Show. Their display is pictured above.**